





PROVIDING SUPPORT FOR THE EXISTING TREATMENTS WITH MAGNETIC DIFFUSIONAL PATCHES AT DISC HERNIAS

CLINICAL STUDY CENTRE DIŞKAPI TRAINING AND RESEARCH HOSPITAL HEAD OF THE CLINICAL RESEARCH ASSOC. PROF. DR. MEHMET SORAR

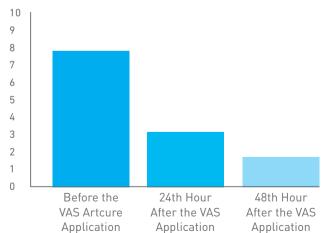
TOTAL NUMBER OF VOLUNTEERS SCREENED AT THE BEGINNING OF THE STUDY NUMBER OF VOLUNTEERS PATCHED DURING THE STUDY PLACEBO APPLICATION DURING THE STUDY

Average age of the patients who took part in the study was 41.90±8.52, BMI was 25.26±4.08, number of the disc hernia patients was 15, number of the extrude disc hernia patients was 25. All of the patients were the ones who were previously administered medicine as well as rest treatment and physiotherapy.

SYMPTOMS

Average VAS scores of the 40 patients intotal who were included in the study, before the treatment was 7.85 ± 1.39 . At the end of 24 hours, second VAS was reported as 3.15 ± 2.11 (P<0.001, Anova) with significant decrease and at the end of 48 hours, the third VAS was reported as 1.86 ± 1.65 (P<0.001 Anova) with significant decrease and the correlation between the second and the rhird VAS was reported as P<0.01 with significant decrease (Diagram 1). Such decrease does not show correlation with age and BMI (p>0.05, Pearson).

CLINICAL STUDY CENTRE DIŞKAPI TRAINING AND RESEARCH HOSPITAL HEAD OF THE CLINICAL RESEARCH ASSOC. PROF. DR. MEHMET SORAR TOTAL NUMBER OF VOLUNTEERS SCREENED AT THE BEGINNING OF THE STUDY NUMBER OF VOLUNTEERS PATCHED DURING THE STUDY YEAR OF THE STUDY



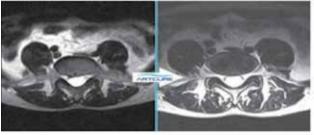
ARTCURE DP

Diagram 1. Values of VAS Pain scores of the disc hernia patients at the end of 0, 24 and 48 hours.

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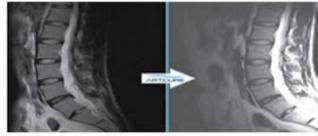
At the result of MRI imaging after 4 weeks, massive contraction is observed on the patients' herniated areas (Patient 1, 2, 3, 4, 5,6).

PATIENT 1



BEFORE

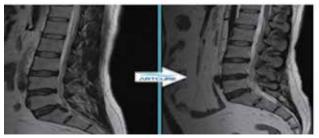
AFTER



BEFORE

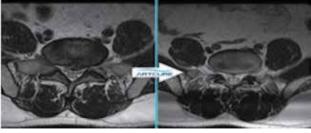
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PATIENT 2



BEFORE

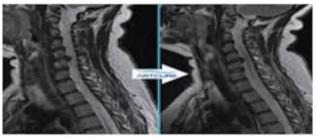




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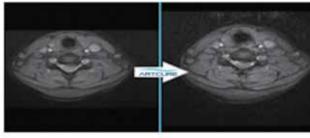
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PATIENT 3



BEFORE

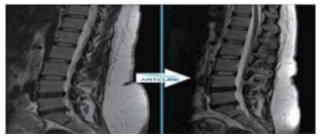
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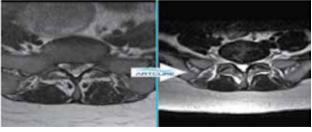
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PATIENT 4



BEFORE





BEFORE

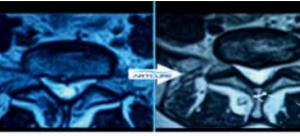
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PATIENT 5



BEFORE

AFTER



BEFORE

AFTER

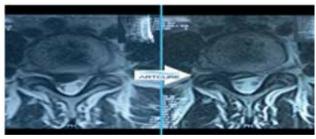
PATIENT 6



BEFORE

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AFTER



BEFORE

AFTER

APPLYING PLACEBO

For ARTCURE $^{\circ}$ diffusional patch which had been applied on 40 healthy individuals in the age range of 45.40±5.20 (20-54), VAS scores before applying placebo was declared as

follows: 0 for VAS1, 0 for VAS2 and 0 for VAS3. No difference was observed during the neurological evaluations before and 48 hours after the study.

DETERMINING SHORT AND LONG TERM EFFECTS OF DIFFUSIONAL PATCH APPLICATION ON PAIN AND FUNCTIONAL CONSTELLATION ON THE PATIENTS

WITH LUMBER DISC HERNIA

CLINICAL STUDY CENTRE YILDIRIM BEYAZIT UNIVERSITY ANKARA ATATÜRK TRAINING AND RESEARCH HOSPITAL HEAD OF THE CLINICAL RESEARCH ASSOC. PROF. DR. ATIF AKSEKİLİ

This study,was presented at the 26th TOTBID Congress held on <u>25-30 October 2016</u>

Our main purpose in this study is to show the effectiveness of Artcure Diffusional Patch, which is in the structure of "hypoosmolar lipid" and consists of a mixture of 6 types of vegetable oil, in the treatment of patients with Lumbar Disc Hernia and to discuss the advantages and disadvantages of this treatment over surgical treatment.

METHOD

This study included 79 of 120 patients who were clinically diagnosed with lumbar disc prolapse. The clinical measurements were made according to the degrees of protrusion and extrusion in the MRI images examined of the patients and to the dermatomal distribution of their pain. "Artcure Diffusional Patch (ADP)" was applied to the treatment group and "Transdermal Diffusional Patch (TDP)" was applied to the placebo group. The functional capacities of the patients were measured with the "Oswestry Disability Index (ODI) scale" and the changes in pain intensity were measured with the "Visual Analog Scale (VAS) scale". In addition, criteria such as degree of limitation in movement, Lasegue Test, Femoral Stretch Test and Paravertebral Muscle Spasm were used for these. Statistical analyzes also include Oswestry Disability Index, Visual Analogue Scale, patient satisfaction and time to return to work.

SYMPTOMS

In the first month after the treatment, a significant improvement and positive improvement was observed in the pain levels felt by the treatment group, Oswestry Disability Index values and Visual Analog Scales. In the evaluations made 3 days after the admission, it was determined that the improvement in the physical examination findings and scoring of the treatment group was statistically many times higher than that of the control group.

INFERENCES

Artcure Diffusional Patch treatment compared to placebo treatment; in patients with Lumbar Disc Herniation with radiculopathy, clinical scores, patient satisfaction, physical examination findings, and patients' return to work were significantly superior. According to these findings, Artcure Diffusional Patch therapy may be a good alternative for conservative treatment in patients with Lumbar Disc Herniation and Radiculopathy.

Table 1: The datas before and after application in the experiment group General Linear Model Repeated Anova (Wilks' Lambda)Post Hoc Test: LSD - Cochrans's Q Test - Post Hoc Test: nonparametrik posthoc test (Miller(1966) Average Values±Ss(standarddeviation), Median Range(Maximum-Minimum) ve n(%)

		Preoperative=I	3rd Day=II N=40	1st Month=III N=40	P Value I-II	1-111	-	General
		N-40	N-40	11-40	1-11	1-111	11-111	Uchicial
ODI		59,2±13,37	44,8±15,61	33,4±10,13	8<0,001	<0,001	<0,001	<0,001
VAS		9(10-3)	7(10-2)	5(10-2)	<0,001	0,042	0,016	<0,001
SLR	Positive Negative	32(80,0) 8(20,0)	16(40,0) 24(60,0)	4(10,0) 36(90,0)	0,001	<0,001	0,016	<0,001
		0(_0)07						
K-SLR	Positive	32(80,0)	16(40,0)	4(10,0)	<0,001	0,001		<0,001
	Negative	8(20,0)	24(60,0)	36(90,0)				
Flexion	Normal	15(37,5)	25(62,5)	33(82,5)	0,019	<0,001	0,085	<0,001
	Disabled	25(62,5)	15(37,5)	7(17,5)				

		Preoperative=I N=40	3rd Day=II N=40	1st Month=III N=40	P Value I-II	1-111	-	General
		N-40	N-40	11-40	1-11	1-111	11-111	Ueneral
Extansion	Normal Disabled	14(35,0) 26(65,0)	25(62,5) 15(37,5)	2(80,0) 8(20,0)	0,006	<0,001	0,148	<0,001
	Disablea	20(00,0)	10(07,0)	0(20,0)				
Right Lateral	Normal	17(42,5)	28(70,0)	32(80,0)	0,003	<0,001	0,704	<0,001
Flexion	Disabled	23(57,5)	12(30,0)	8(20,0)				
Left Lateral	Normal	17(42,5)	28(70,0)	32(80,0)	0,003	<0,001	0,704	<0,001
Flexion	Disabled	23(57,5)	12(30,0)	8(20,0)				
Paravertebra	^l Disabled	40(100,0)	12(30,0)	8(20,0)	<0,001	<0,001	1	<0,001
muscle spasm	Yes	0(0,0)	28(70,0)	32(80,0)				
Femoral Streching Test	Positive Negative	31(77,5) 9(22,5)	15(37,5) 25(62,5)	6(15,0) 34(85,0)	<0,001	<0,001	0,082	<0,001

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Table 2: The data before application and 3rd day after application in placebo group Independent T Test(Bootsrap) - MannWhitney U Test(Monte Carlo) - Fisher Exact Test (Exact)Average Values±Ss(standard deviation), Median Range(Maximum-Minimum) ve n(%)

		Placebo Preop	3rd Day	P Value
ODI		61,8±11,42	52,2±12,5	<0,001
VAS		8(10-3)	7 (10-2)	<0,001
SLR	Positive Negative	29 (74,4) 10 (25,6)	25 (64,1) 14 (35,9)	0,219
K-SLR	Positive Negative	29 (74,4) 10 (25,6)	24 (61,5) 15 (38,5)	0,063
Flexion	Normal Disabled	17 (43,6) 22 (56,4)	18 (46,2) 21 (53,8)	1

Table 2: The data before application and 3rd day after application in placebo group Independent T Test(Bootsrap) - MannWhitney U Test(Monte Carlo) - Fisher Exact Test (Exact)Average Values±Ss(standard deviation), Median Range(Maximum-Minimum) ve n(%)

		Placebo			
		Preop	3rd Day	P Value	
Extansion	Normal	17 (43,6)	18 (46,2)	1	
	Disabled	22 (56,4)	21 (53,8)		
Right L Flexion	Normal	16 (41,0)	18 (46,2)	0,500	
	Disabled	23 (59,0)	21 (53,8)		
Left L Flexion	Normal	17 (43,6)	19 (48,7)	0,500	
	Disabled	22 (56,4)	20 (51,3)		
Paravertebral	Yes	30 (76,9)	21 (53,8)	0,004	
muscle spasm	No	9 (23,1)	18 (46,2)		
Femoral Strecthi	ng Positive	27 (69,2)	20 (51,3)	0,016	
Test	Negative	12 (30,8)	19 (48,7)		

Table 3: The difference between groups before application and the third day after application .

General Linear Model Repeated Anova (Wilks' Lambda) - Independent T Test(Bootsrap) - Mann Whitney U Test(Monte Carlo) - Fisher Exact Test (Exact)

Average Values±Ss(standard deviation), Median Range(Maximum-Minimum) ve n(%)

^a :Odds Ratio (95% Confidence interval for Odds Ratio)

		Placebo	Experiment	P Value	
	Preoperative	61,8±11,42	60,9±13,15	0,724	
ODI	3rd Day	61,8±11,42	46,0±15,4		
	Difference(Pre 3rd Da	ay] 8,2±7,7	14,2±12,9	0,010	
	Preoperative	8(10-3)	10(10-3)	<0,001	
VAS	3rd Day	7 (10-2)	7 (10-2)		
	Difference(Pre 3rd Da	ay] 1 (42)	2 (81)	0,003	

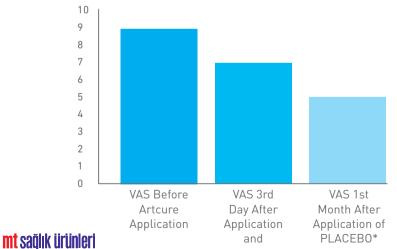
CLINICAL STUDY CENTRE

YILDIRIM BEYAZIT UNIVERSITY ATATURK TRAINING AND RESEARCH HOSPITAL ORTHOPEDICS, BRAIN AND NERVE SURGERY, PHYSIOTHERAPY AND REHABILITATION DEPARTMENTS

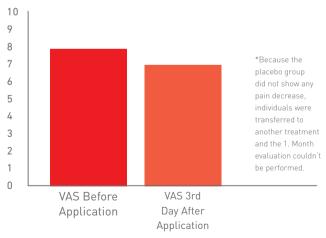
HEAD OF THE CLINICAL RESEARCH

ASSOC. PROF. DR. ATIF AKSEKİLİ

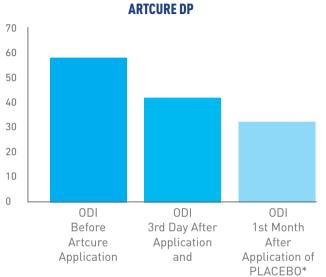
TOTAL NUMBER OF VOLUNTEERS SCREENED AT THE BEGINNING OF THE STUDY 129 NUMBER OF VOLUNTEERS PATCHED DURING THE STUDY 40 PLACEBO APPLICATION DURING THE STUDY 40 YEAR OF THE STUDY 2015

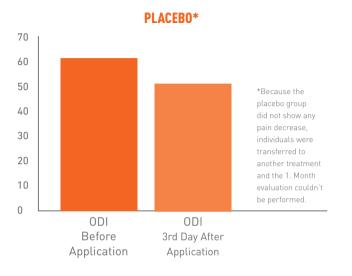






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DIFFUSIONAL PATCH'S EFFECT ON PAIN AND FUNCTIONAL CONSTELLATION DURING LUMBAR DISCOPATHY TREATMENT.

CLINICAL STUDY CENTRE

EGE UNIVERSITY MEDICAL FACULTY DEPARTMENT OF NEUROSURGERY HEAD OF THE CLINICAL RESEARCH PROF. DR. MEHMET SEDAT ÇAĞLI

AIM

The transdermal diffusional patch (ArtcureDP) is a novel transdermal patch of plant origin, based on essential oils, that works through diffusion. The purpose of this prospective, open label study was to examine the effect of the 'diffusional patch' on pain and functional status in the treatment of lumbar discopathy.

METHODS

This study was designed to include 60 patients, aged 24-80, with lumbar disc herniation. The Artcure patch was attached to the lumbar region with a hypoallergenuic plaster, and 24-h bed rest was advised. Patients received no other treatments for 24 h. The clinical researchers removed the patch the following day. The neurological examinations were performed before treatment; 24thhour, 48th hour and first month after treatment including straight leg raise test, muscle strength, sensorial status, reflexes, range of motion at flexion, extension, lateral bending and rotation. Paravertebral spasm was also recorded if presented.

Severity of pain was assessed using a visual analogue scale (VAS) and functional status using the Oswestry disability index (ODI).

RESULTS

After the patch application the mean VAS scores were decreased statistically significantly. The range of motion in flexion was statistically significantly increased in all three assessments after treatment. Straight leg raise test was positive in 26 patients before treatment, after treatment at the first month only 14 patients were positive for straight leg raise test; this change was statistically significant. The patch treatment resolved paravertebral spasm statistically significantly. Also, decrease in ODI scores following patch application was statistically significant. Control MRI at the first month revealed disc shrinkage in 10 patients (16.7%), and the degree of shrinkage observed was statistically significant.

CONCLUSIONS

The results of this study revealed that the transdermal diffusional patch (ArtcureDP) application caused statistically significant amelioration in pain scores and clinical conditionof the patients. Furthermore, this treatment caused astatistically significant shrinkage of disc. In conclusion, the hypo-osmolar diffusional transdermal patch (Artcure) can be used in the treatment of patients with protruded, extruded and fragmented disc hernias.

 Table 1: The results of the clinical assessments.

Variable	Pretreatment	24th hour	48th hour	1st month	p-value
VAS	8 (3-10)a,b,c	6 (1-9)a,d,e	3 (0-9)b,d,f	1.5 (0-5)c,e,f	<0.001†
ROM-Flexion	49 (81.7%)b,c	54 (90.0%)	58 (96.7%)b	58 (96.7%)c	<0.001‡
ROM-Extention	54 (90.0%)	58 (96.7%)	58 (96.7%)	56 (93.3%)	0.062‡
ROM-Rotation	58 (96.7%)	58 (96.7%)	58 (96.7%)	60 (100.0%)	0.112‡
ROM-Lateral Bending	57 (95.0%)	57 (95.0%)	57 (95.0%)	57 (95.0%)	1.000‡
SLR – positivity	26 (43.3%)a,b,c	14 (23.3%)a	10 (16.7%)b	14 (23.3%)c	<0.001‡
PVS - positivity	39 (65.0%)a,b,c	47 (78.3%)a,e	47 (78.3%)b,f	22 (36.7%)c,e,f	<0.001‡
Muscle strength	5 (4-5)	5 (4-5)	5 (4-5)	5 (4-5)	0.074†
Sensorial evaluation	5 (8.3%)	2 (3.3%)	5 (8.3%)	2 (3.3%)	0.083‡
ODI	54 (32-74)a,b,c	50 (20-61)a,d,e	42 (20-60)b,d,f	36 (18-54)c,e,f	<0.001†

+ Friedman test, ‡ Cochran's Q test, a: The change between pretreatment and 24th hour is statistically significant (p<0,0083),

b: The change between pretreatment and 48th hour is statistically significant, c: The change between pretreatment and 1st month is statistically significant (p<0,0083),

d: The change between 24th hour and 48th hour is statistically significant (p<0,001),

e: The change between 24th hour and 1st month is statistically significant (p<0,001),

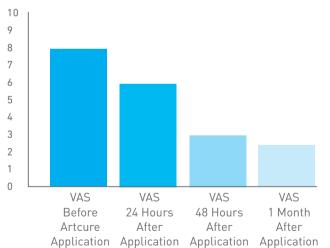
f: The change between 48th hour and 1st month is statistically significant (p<0,001).

VAS: visual analogue scale, ROM: range of motion, SLR: straight leg raise, PVS: paravertebral spasm, ODI: Oswestry disability index.

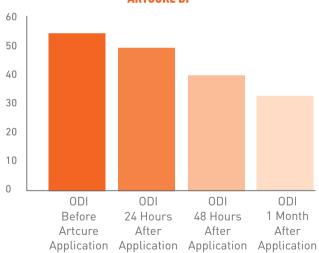
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CLINICAL STUDY CENTRE EGE UNIVERSITY MEDICAL FACULTY DEPARTMENT OF NEUROSURGERY HEAD OF THE CLINICAL RESEARCH PROF. DR. MEHMET SEDAT ÇAĞLI

TOTAL NUMBER OF VOLUNTEERS SCREENED AT THE BEGINNING OF THE STUDY 60 NUMBER OF VOLUNTEERS PATCHED DURING THE STUDY 60 YEAR OF THE STUDY 2015







ARTCURE DP

CLINICAL STUDY 2018/5: THE RETROSPECTIVE ANALYSIS OF THE PATIENTS TREATED WITH DIFFUSIONAL PATCH (ARTCURE)

CLINICAL STUDY CENTRE BURSA HIGHLY SPECIALIZED TRAINING AND RESEARCH HOSPITAL HEAD OF THE CLINICAL RESEARCH OP. DR. ADNAN YALÇIN DEMİRCİ

DETAILS OF STUDY

On 250 patients;

VAS score;

- Before the transaction: 8.41
- 10th day after the transaction: 3.77
- The application was terminated in 2 patients as the allergy developed in the application area.

CONCLUSION

These findings suggest that there may be an alternative treatment for protruded or extruded lumbar disc hernias that do not require surgery and coexist with radiculopathy. In this sense, larger prospective randomized controlled studies are required.

ARTCURE DIFFUSIONAL PATCH APPLICATION FOR LUMBAR DISC HERNIATION IN PATIENTS WITH TYPE 1 AND 2 DIABETES MELLITUS: STUDY PROTOCOL FOR A RANDOMIZED PLACEBO-CONTROLLED, DOUBLE BLIND STUDY

CLINICAL STUDY CENTRE ANKARA BASKENT HOSPITAL HEAD OF THE CLINICAL RESEARCH PROF. DR. NURİ ÇETİN

BACKGROUND AND AIMS

Lumbar disc herniations are common musculoskeletal problems in general population. Many treatment methods are available . In refractory cases, interventional procedures or surgery should be considered (1). However, interventional procedures are avoided in diabetic patients due to delayed wound healing or susceptibility to infection. Artcure patch contains low molecular weight lipid formation and is a treatment method that aims to decrease the volume of herniated disc following the absorption of this gel-like substance through the skin (2,3). The aim of our study is to demonstrate the effectiveness of artcure diffusional patch application in the treatment of lumbar disc herniation in diabetic patients.

METHODS

Forty-seven patients aged between 25-60 years with Type 1 and 2 diabetes mellitus and with lumbar disc herniation protruded or extruded disc herniation were included in the study. Patients were received real artcure or placebo in a 3 to 1 ratio (34 patients real artcure, 13 placebo). Patients were evaluated with Oswestry disability index (ODI), Visual analog scale (VAS) and changes in measurement of disc diameter before and 3th month follow-up.

RESULTS

There were not any significant difference between in terms of sociodemographic and clinical features of the patients before the application. Within group comparisons, VAS, ODI and changes in disc diameter parameters improved significantly in artcure group according to the baseline. The rate of changes in ODI, VAS and disc diameter were significantly higher in artcure group.

CONCLUSION

Artcure seems to be effective and safe in lumbar disc herniated diabetes mellitus patients. Disability decreased and pain scores were improved.

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CLINICAL STUDY CENTRE

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The effectiveness of Transdermal Herbal Patch (Artcure®) in the treatment of Low back Pain due to Lumbar Disc Herniation: A Randomized Placebo-controlled Clinical and MR imaging-based Study

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BACKGROUND / AIM

Low back pain due to lumbar disc herniation (LDH) is common in our routine practice. Artcure® is a recently developed transdermal patch comprising a mixture of 6 herbal oils, which has been shown to reach to the bulged out herniated disc and decrease the volume of HNP, reduce the nerve root irritation and relieve the pain (1). After wrapping the Artcure® patch to the LDH area, absolute bed rest is necessary for 24 hours. Then the patient take off the patch and turn back to routine daily activities. The product has been on the market and used among LDH patients since a few years. The aim of this randomized placebo controlled study was to investigate the effects of Artcure® patch in the treatment of LDH, with regard to pain, functional status and magnetic resonance imaging (MRI) findings.

METHODS

We conducted a randomized placebo-controlled doubleblind trial to evaluate the effectiveness of Artcure patch application for patients with low back pain due to LDH. The diagnoses were based on clinical symptoms (24) and consistent images by MRI (25). Patients were recruited from outpatient clinics of Physical Medicine and Rehabilitation, Ankara Training and Research Hospital between August 2019 and March 2020. Written informed consent was obtained from all participants. The study was conducted in accordance with the Helsinki Declaration and was approved by local ethics committee of the Yıldırım Beyazıt University (2019-).

The inclusion criteria were; aging 20-60 years; having low back pain and radicular pain due to LDH confirmed clinically (limited range of motion of the lumbar spinal columna, sensory or

motor disturbance, positive results from straight leg raising test -for L5-S1 disc herniation, or femoral nerve stretch test-for L3-4 disc herniation) and by MRI findings (protrusion or extrusion of lumbar disc); BMI <30 kg/ m²; ruling out other comorbid pathologies (fracture, spondylolisthesis, malignancy, ostoporosis, infection); willing to participate in this study and signing the informed consent. In addition, this had to be the first onset or presentation in the acute or subacute stages of a repeated attack. Individuals having a history of any spinal surgery; having other pain syndromes like neuropathic pain; having neurological diseases; diabetes mellitus, asthma, cardiovascular disease, chronic rheumatic conditions; who are pregnant; having skin problems in the lumbar region; having indications for immediate surgery (myelopathy or cauda equina syndrome); having muscular strength of muscles innervated by lumbar roots <3; having severe muscle spasm in the lumbar region; presence of disc herniation at more than 2 disc levels; lumbar canal stenosis and having bilateral symptoms (median disc herniation), were excluded.

At enrollment a baseline evaluation of all subjects was completed then the patients were recruited according to the inclusion and exclusion criteria. Demographic and clinical properties; comprising age, sex, body mass index (BMI), duration of pain, range of lumbar motion and MRI findings were determined. The lumbar/radicular pain were assessed by visual analog scale (VAS), and functional disability was assessed by Turkish version of Oswestry Disability Index (ODI) (26). A 100- mm VAS with vertical lines intersecting multiples of 10 was used to measure the intensity of pain. The ODI calculation formula is actual cumulative score/45 x 100% with higher percentage indicating more severe functional disability. Previous studies have shown good reliability and validity in Turkish patients (26).

All individuals underwent MRI evaluation of their lumbar spines before and 2 months after the study. The same MRI technique and the same 1.5 Tesla MRI scanner (Magnetom Avanto, Siemens Healthineers, USA) were used for both groups. Subjects were scanned in the supine

position using a spine matrix coil. MRI images as a focal displacement of the disc fragment beyond the intervertebral space was determined (25). Disc herniations are classified as protrusion and extrusion, using T2 weighted sagittal MRI. The size of the herniated mass was determined from the ratio of the antero-posterior diameter of the spinal canal (C- value) to the maximum antero-posterior diameter of the herniated disc (H-value) on T2 weighted axial MRI scans (27,28). All MRI studies were evaluated by an experienced radiologist, in a blinded fashion.

Patients were randomly assigned to Artcure Diffusional Patch group (Group 1) and placebo patch group (Group 2) by the ratio of 2:1 using computer-generated numbers. The randomized treatment assignments were sealed in opaque envelopes and opened individually for each patient who agreed to participate in the study. The therapeutic and placebo patches were obtained from the manufacturer (Metuas Medical Limited Cooperation, Turkey).

The patients in Group 1 applied Artcure patch and the subjects in Group 2 applied placebo patches. The Artcure Diffusional Patch is a mixture of different herbal oils combined together in a gel form with dextrine palmitate in which liquid paraffin is used as a solving agent. The product is formulated as an oleogel. The oleogel form is selected in order to transfer the hydrophobic basic materials to the affected area without any corruption regarding physicochemical structures (22,23).

This patch penetrates the skin and distribute towards to target herniated nucleus pulposus area beneath the application area and acts with diffusion and volume effects (23). The gel contains no color additives or preservation products. The main ingredients are oleum thymi (CAS No: 8007-46-3), oleum chamomillae (CAS No: 8015-92-7), oleum rosmarini (CAS No:8000-25-7), oleum black cummin seed (CAS No:8014-13-9), oleum lauris nobilis (CAS No:8002-41-3) and oleum limonis (CAS No:8008-56-8).

In the development phases of formulation 11 single formulation were composed. These formulations were examined regarding incompatability, physicochemical and microbiological features, density, absorption by skin in 37 degrees, osmolarity and viscosity values. The ratio of oils in this formulated gel is shown in Table 1. It is suggested that these oil ingredients of the patch increases the membrane permeability of anulus fibrosis, decreases the intra-osmotic pressure and causes water loss by diffusion. By means of this and by the anti-inflammatory and anti-edema effects of the ingredients of Artcure patch, the mass of nucleus pulposus decreases in the herniated disc area (22,23).

The placebo patch was identical to Artcure Patch in color, stiffness, and smell but lacking of the active 6 herbal oils. The identical smell and color were formulated by essences of Daphne-30161, peppermint-0701544 and eucaliptus-0701603 according to the same production method, along with dextrine palmitate and liquid paraffine. A gel without 'mixture of different herbal oils' vet with a very similar herbal odour was placed into patch instead of the active gel and patch was closed by the same production method. The superior border of the iliac crest was palpated while the patients are lying in prone position and the L4 - 5 level was determined. The level of disc pathology was identified by drawing a line with a dermal pen. The center of the patch is placed on the signed area. The patches in which herbal oils were placed at the midmost region, were fixed with flaster given in the box, to the lumbar affected area (Figures 2-5). After wrapping the Artcure® patch to the area of herniated nucleus pulposus, the hospitalized patients

were given a bed rest in supine position for 24 hours except imperative daily activities like eating and toilette activities. It was taken off 24 hours later and patients went back to their routine daily activities.

All subjects received information about disc disease and instruction about daily living activities. All were given isometric lumbar exercises based on home exercise program. They were not allowed to take any pain medication during the study.

The primary outcome measures were; the intensity of low back/radicular pain and functional disability assessed by ODI, which were determined at baseline, immediately after the interventions (24-48 h later) and 2 months later; and the changes in the size of herniated nucleus pulposus assessed by axial MR images, which were determined at baseline and at the end of two months. The secondary outcome measure was the improvement in lumbar ROM. All questionnaires were administered by a blinded study coordinator at each follow-up. All patients, clinicians, radiologist, postprocedure evaluator remained blinded to treatments until after database lock, except those persons responsible for the distribution of the patches and the biostatistician preparing the random code.

RESULTS

Between August 2019 and March 2020 a total of 258 patients with low back pain due to LDH were recruited. 178 were rejected according to inclusion and exclusion criteria and 14 patients did not give informed consent. Therefore 66 patients were randomly assigned in accordance with the ratio of 2:1 to the therapeutic patch and placebo patch group. There were 4 dropouts in

Artcure Diffusional Patch and 2 dropouts in the placebo groups due to nonpermitted medication or loss of 2 month follow-up. Figure 1 indicates the flow chart.

Table 2 shows the demographic and clinical properties of the subjects in both groups. No statistical difference was observed between the groups in regard to baseline demographic and clinical characteristics. The majority of the subjects were women. The locations of symptomatic nerves in the patient and placebo groups were mostly at L4-L5 and L5-S1 nerve roots. The most common anatomical herniation profile was protrusion in both groups.

The mean values for outcome measures are reported in Table 3 for treatment and placebo groups across time points. Both groups improved with treatments immediately after (24-48 h) the interventions in regard to pain and functional disability, assessed by VAS and ODI. At 2 month follow-up, compared with baseline, the improvements in pain and disability scores remained significant only in the Artcure Diffusional Patch group but not in the placebo group.

Accordingly, the change in the size of the herniated mass (C/H) was statististically significant only in the therapeutic group (Table 3). The mean resorption ratios were 12.53 and 2.86 in the patch and placebo groups respectively. Figures 6 and 7 show the MRI images of 2 patients before and after the Artcure diffusional patch treatment. In addition mean extension and rotation ranges of the lumbar spine were improved in the Artcure Patch group, not in the placebo group, at the end of 2 months.

Clinically significant improvements in pain and disability have been defined previously as 3 point decrease in VAS and 10-point decresae in ODI (29,30). We have further performed subgroup analyses. The number of patients improved in regard to pain and disability was similiar between the groups, immediately after the interventions (p>0.05, data not shown). 18 (52.9%) patients in therapeutic group and 3 patients (17.6%) in placebo group had an improvement in pain scores (change score >2) from baseline to 2 month follow-up and the difference between the groups was statistically significant (p=0.016). 28 patients (82.4%) in group 1 and 9 (53%) patients in group 2 reported better outcomes in physical disability (>30% change from baseline) assessed by ODI at the second month follow-up, and the difference between the groups was statistically significant (p<0.05).

Adverse events: 2 patient in Artcure and 1 patient in placebo group experienced mild itching and irritation during the intervention. After taking off, no local symptoms rash, blister or redness of skin was observed. No other adverse events were encountered in either therapeutic patch or placebo group. No patients developed neurological deterioration during the study period.

CONCLUSION

The results of this randomized controlled trial support the notion that the treatment effects provided by Artcure Diffusional herbal patch are non-placebo effects as shown in outcome measures and MRI imaging at 2 month follow-up in patients with LDH. Therefore this alternative intervention offers as a non-invasive simple, time saving and safe option for these carefully selected patients. The positive effect of Artcure may delay or prevent the need for extensive or time consuming conservative or minimal invasive interventional approaches which are costly and needing human resources. The potency and longer relief of pain and requirement of only one day bed rest may make it a practical alternative choice in selected patients suffering from LDH. A lengthier follow-up period with a large sample may be beneficial in determining the longer term benefits of Artcure transdermal patch.

 Table 2: The demographic and clinical properties of the patients in both groups.

	Group 1 n=40		Group2 n=20		
	Mean	SD	Mean	SD	Р
Age (years)	45.6	10,05	43.7	10,06	0,283
BMI (kg/m²)	28,52	4,22	28.86	3,47	0,827
Duration of pain (weeks)	22,67	25,88	18,29	24,9	0,313
Gender (male/female)	18/22	-	8/12	-	0,512
MRI pathology n (%)					
L3-4 protrusion	33(8,8)		21(5,9)(10		
L4–5 protrusion	12- (30)		5-(25)		
L5-S1 Protrusion	2610(29,4)(65		153(17,6)(75		
L5-S1 extrusion	2-(5,9)		2-(10)		
	25(73,5)		13(76,47)		
	2(5,9)		1(5,9)		

	Group 1 n=40		Group2 n=20		
Outcome Measure	Mean	SD	Mean	SD	Р
VAS-pain					
Baseline	6,15	1,5	5,88	1,76	0,806
After therapy	4,73	1,5	4,47	2,29	0,976
2 month	3,35	1,8	5,23	2,43	0,003ª
ODI score					
Baseline	51,11	15,42	55,17	14,45	0,362
After therapy	44,11	14,24	49,41	14,97	0,269
2 month	33,68	15,36	48,23	13,39	0,002 ^b
MRI-C/H (%)				,	
Baseline	39,94	1,83	38,74	1,87	0,145
2 month	34,89	1,91	37,63	1,95	0,001 ^b
Lumbar flexion (°)		·	· ·		,
Baseline	54,41	9,75	55,88	9,87	0,674
2 month	59,88	5,81	60,88	7,12	0,641
Lumbar extension (°)		·			
Baseline	8,08	7,58	7,94	5,32	0,749
2 month	14,23	5,84	10,29	4,49	0,023 ^b
Lumbar rotation (°)				,	,
Baseline	23,55	8,56	31,52	7,81	0,004 ^b
2 month	30,73	4,7	35,05	6,62	0,007 ^b
Lumbarlateral flexion(°)	,	·			
Baseline	29,55	7,42	31,94	7,18	0,368
2 month	35,2	5,15	34,47	7,81	0,758

Table 3: The outcome measures of Artcure and placebo patch groups before and after the therapies

VAS: visual analog scale, **ODI:** Oswestry Disability Index, **MRI:** Magnetic resonance imaging ^aStudent t Test ^bMann Whitney U Test

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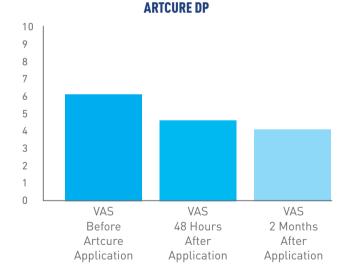
	Group 1 n=40		Group2 n=20		
Outcome Measure	Mean	SD	Mean	SD	Р
VAS-pain					
Baseline	6,15	1,5	5,88	1,76	0,806
After therapy	-1,41	0,89	-1,41	1,12	0,966
2 month	-2,79	1,66	-0,64	1,45	0,000ª
ODI score	· ·				
Baseline	51,11	15,42	55,17	14,45	0,362
After therapy	-7,0	4,29	-5,76	6,36	0,441
2 month	-17,23	10,86	-6,94	11,53	0,006 ^b
MRI-C/H (%)	,	,	,	,	,
Baseline	39,94	1,23	38,74	1,87	0,959
2 month	-12.53	0,8	-2,86	0,4	0,001 ª
Lumbar flexion (°)		,	, i		,
Baseline	54,41	9,75	55,88	9,87	0,674
2 month	5,47	7,7	5,0	10,15	0,408
Lumbar extension (°)		,		,	,
Baseline	8,08	7,58	7,94	5,32	0,749
2 month	6,14	5,49	2,35	5,33	0,032 ^b
Lumbar rotation (°)		,	,		,
Baseline	23,55	8,56	31,52	7,81	0,004
2 month	7,17	6,9	3,52	5,91	0,094
Lumbarlateral flexion(°)	, , , , , , , , , , , , , , , , , , ,		, , , , , , , , , , , , , , , , , , ,	r.	
Baseline	29,55	7,42	31,94	7,18	0,368
2 month	5,64	6,94	2,52	8,05	0,162

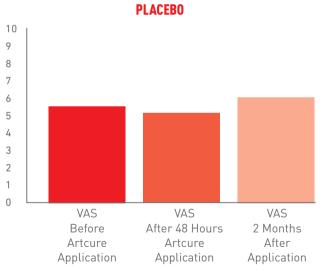
Table 4: Comparison of the improvement in the outcome measures between the Artcure and placebo patch groups



VAS: visual analog scale, ODI: Oswestry Disability Index, MRI: Magnetic resonance imaging ^aStudent t Test ^aMann Whitney U Test CLINICAL STUDY CENTRE ANKARA TRAINING AND RESEARCH HOSPITAL AND HACETTEPE UNIVERSITY DEPARTMENT OF PHYSIOTHERAPY HEAD OF THE CLINICAL RESEARCH PROF.DR. PINAR BORMAN TOTAL NUMBER OF VOLUNTEERS SCREENED AT THE BEGINNING OF THE STUDY NUMBER OF VOLUNTEERS PATCHED DURING THE STUDY PLACEBO APPLICATION DURING THE STUDY YEAR OF THE STUDY

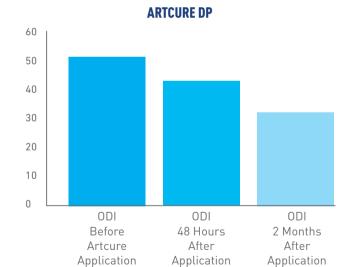


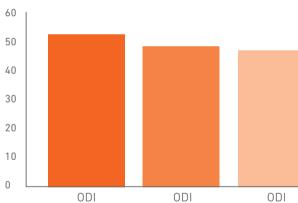






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After 48 Hours

Artcure

Application

2 Months

After

Application

Before

Artcure

Application

PLACEBO



SPECIALTY IN MEDICINE THESIS / 2020: RESEARCH OF THE EFFECTIVENESS OF ARTCURE TRANSDERMAL DIFFUSIONAL PATCHING ON PAIN AND FUNCTIONAL CONDITION IN PATIENTS WITH CERVICAL DISC HERNIA

CLINICAL STUDY CENTRE

INONU UNIVERSITY FACULTY OF MEDICINE -DEPARTMENT OF PHYSICAL MEDICINE AND REHABILITATION HEAD OF THE CLINICAL RESEARCH DR. HÜSEYİN ÇOLAK

MATERIAL/METHOD

48 patients aged 21-59 years and diagnosed with cervical disc herniation were included in our study. Individuals were randomly divided into two groups as the diffusional patch group and the placebo patch group. After obtaining the demographic information of all individuals, Visual Analog Scale (VAS) was used to evaluate pain, Leeds Assessment of Neuropathic Symptoms and Signs Scales (LANSS) was used to evaluate neuropathic pain, and Neck Disability Survey (NDS) was used to determine functional level. The evaluations of all individuals at baseline, at week 4, and at week 12 were obtained. The diffusional transdermal patch and the placebo patch were applied once to each patient group for 24 hours as recommended.

FINDINGS

A total of 48 patients, 33 women and 15 men, with a mean age of 48.33±8.99 years, were included in the study. When compared with the initial parameters in the Diffusional Transdermal Patch applied group; It was determined that pain decreased, neuropathic symptoms regressed and functional level improved. When the groups were compared among themselves, it was determined that there was a significant difference between the groups in terms of pain, neuropathic symptoms and functional status at the 4th and 12th weeks, and this difference was more distinct in the transdermal diffusional patch group (p<0.05).

CONCLUSION

48 patients (24 patients in each group) aged 20-60 years were included in the study. The average age of all patients participating in the study was 48.33 ± 8.99 years, 68.75 % (n=33) of whom were female and 31.25 % (n=15) were male (Table 1).

Radiologically, 81.25% (n=39) of the participant patients had protruded disc herniation and 18.75% (n=15) had extruded disc herniation (Table 1). Groups of patients with apparent cervical spondylosis or spinal stenosis were not included in the treatment. Of the patients, 47.9% (n=23) were treated for one herniated disc, 37.5% (n=18) for two herniated discs, 12.5% (n=6) for three, and 2.08% (n=1) for four discs. Radiologically, 27.08% (n=13) of the participant patients with cervical disc herniation had central disc herniation, and 72.91% (n=35) had posterolateral disc herniation. Both groups were similar concerning age, gender, type of cervical disc herniation, and localization (P>0.05) (Table 1).
 Table 1: Demographic data and baseline values of outcomes

		Artcure	Placebo	Р
		n=24(50)	n=24(50)	
Age		46.75±8.09	49.91±9.72	0.794ª
Gender	Female Male	15(62.5) 9(37.5)	18(75) 6(25)	0.350 ^b
Type of Herniation	Protrusion Extrusion	18(75) 6(25)	21(87.5) 3(12.5)	0.267 ^b
Herniation Localization	Central Posterolateral	8(33.3) 16(66.6)	5(20.8) 19(79.16)	0,330 ^b
Number of Herniation	Single Multiple	13(54.16) 11(45.83)	10(41.66) 14(58.33)	0,055♭

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Intra-group and inter-group average VAS values for pretreatment, 4th and 12th post-treatment weeks are given in Table 2. It was determined that there was a significant decrease in the VAS values at the 4th and 12th weeks in the 1st group of Artcure patients compared to the 2nd group of placebo patients (p<0.05). In the placebo group, the VAS values at the 4th and 12th weeks were similar (p>0.05).

Although there was a significant difference concerning the NPDS values between the pre-treatment and 4th and 12th post-treatment weeks in the Artcure group, there were no significant changes in patients in the placebo group concerning the values of pre- treatment and 4th and 12th post-treatment weeks (p>0.05) (Table 3).

Intra-group and inter-group averages of the LANSS values for pre-treatment, 4th, and 12th post-treatment weeks are given in Table 4. Evaluating the VAS values at the 4th and 12th post-treatment weeks between the groups, it was determined that there was a significant difference in favor of the Artcure group (p<0.05). However, it was determined that there was no significant change between the pretreatment and post-treatment values in the placebo group (p>0.05) (Table 4).

Table 3: Comparison of intra and inter-group NPDS parameters

		Artcure (n=24)	Placebo (n=24)	Р
NPDS	Pretreatment	31.45±9.72	28.41±0,83	0.37ª
	4 th week	17.08±1.93	29.16±1.01	<0.001ª
	12 th week	21.20±1.84	29.91±0,97	0,006 ^b
		P1:<0.001 ^d	P1:0.09 ^d	
	Р	P2:<0.001°	P2:0.1 ^e	
		P3:<0.001°	P3:0.68°	

Table 4: Comparison of intra and inter-group LANSS parameters

		Artcure (n=24)	Placebo (n=24)	Р	
	Pretreatment	16,54±0,66	14,58±0,75	0.113 ª	
LANSS	4 th week	8,54±0,97	15,37±0,83	<0.001ª	
	12 th week	11,08±1.05	15,41±0,82	<0.001 ^b	
		P1:<0.001 ^d	P1:0.114 ^d		
	Р	P2:<0.001°	P2:<0.084°		
		P3:<0.001°	P3:0.739 ^e		

LANSS: Leeds Assessment of Neuropathic Symptoms and Signs Pain Scale a: Independent T test b: Mann-Whitney U test c: Wilcoxon signed rank test d: Paired Sample T test P1: Comparison of pretreatment and 4th week P2: Comparison of pretreatment 12th week P3: Comparison of 4th week and 12th week

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ORIGINAL ARTICLE

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PROVIDING HYPO-OSMOLAR CONDITION WITH DIFFUSIONAL TRANSDERMAL PATCH SUPPRESS DEGENERATED INTERVERTEBRAL DISC-INDUCED PAIN POSSIBLY VIA TRANSIENT RECEPTOR POTENTIAL VANILLOID IN RABBITS

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AIM

The aim of this study was to evaluate effects of a hypoosmolar diffusional transdermal patch containing natural essential oils as a transdermal penetration enhancer against IVD degeneration-induced pain in rabbits. Materials-Methods: Rabbits underwent IVD degeneration with an annular stab surgical technique and were randomly assigned to sham (n=25), sham +transdermal patch (n=20), IVD degeneration (n=25), IVD degeneration +transdermal patch

(n=27), and IVD degeneration +transdermal patch +ruthenium red, a transient receptor potential vanilloid (TRPV) antagonist

(n=20), groups. The patch was taped on the animal's back for 24 hours at 4 weeks post-surgery. Ruthenium red was injected intraperitoneally at 1 hour before the patch was applied. Pain was assessed by the grimace scale, and IVDs were harvested at 5 weeks post-surgery, being analyzed by the measurements of density and viscosity and immunohistochemical staining. Results: Pain score was significantly worse in the IVD degeneration group, and was significantly improved by the patch, which significantly decreased density, viscosity and cellularity associated with proapoptotic cleaved-caspase-3 activation in the degenerated IVD. Ruthenium red abolished the patch's effects.

CONCLUSION

Providing hypo-osmolar condition with diffusional transdermal patch may be a new non-surgical treatment against IVD degeneration-induced pain by decreasing viscosity, density and increasing proapoptotic effect possibly via TRPV.

KEYWORDS

Intervertebral disc, Pain, Rabbit, Transdermal patch

This study was presented Fifth Medical Rehabilitation Congress.(3-6 November 2016)

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INTRODUCTION

Upper extremity lymphedema is a concerning complication after treatment for breast cancer. If left untreated, functional disability, psychosocial problems, and impaired quality-of-life (QoL) can be seen in patients with breastcancer-related-lymphedema (BCRL).

AIM

The aim of this study was to evaluate the effects of complex-decongestive-therapy(CDT) in patients with BCRL, in regard to volume reduction, functional status and QoL and to investigate the effect of obesity on recovery.

METHOD

Eighty one patients with unilateral BCRL were included. All patients received combined phase1 CDT including skin care, manual lymphatic drainage, multilayer bandaging and supervised exercises five times a week for three weeks, as a total of 15 sessions. Patients were assessed by limb volumes and excess volumes according to geometric approximation derived from serial circumferencemeasurements of the limb, prior to treatment and at the end of third week. The functional disability was evaluated by quick disability of arm, shoulder and hand questionnaire (Q-DASH). QoL was assessed by the European Organization for Research and Treatment of Cancer Core Cancer Quality of Life Questionnaire (EORTC-QLQ-C30), its breast cancer module (EORTC-QLQ-BR23) and Lymphedema Quality-of-Life Questionnaire-Arm (LYMQOL-Arm).

RESULTS

This retrospective study included a total of 81 BCRL patients (81 females; mean age 53.64±10.43 years; range, 28 to 87 years). Half of the patients were obese and the mean BMI was 30.32 kg/m². The median duration of lymphedema was 12 months. There were 28 patients in stage1, 52 in stage2 and one patient in stage3. The mean baseline limb and excess volumes were significantly decreased at the end of therapies (3183±681cm³ vs 2912±599cm³ and 30.1% vs 19.3%, p=0.000,respectively). Q-DASH, physical functioning, pain, global health status scores in EORTC-QLQ-C30 instrument, arm symptoms

in BR23, as well as all subscores of LYMQOL-Arm questionnaires were significantly improved after 3 weeks-CDT therapy (p<0.05). When the patients with a body mass index below and above 25 were compared, the improvement in function, appearance, symptom and emotion scores of LYMQOLARM was significantly different between the two groups. We determined a significant negative correlation between the improvement of function and appearance subscores of LYMQOL-Arm and body mass index (p=0.005, r=-0.486 and p=0.042, r=-0.361), as well as a significant negative relationship between the improvement of excess volumes and stemmer sign positivity (p=0.012, r=-0.279).

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CONCLUSIONS

In conclusion, phase 1 CDT performed daily for 3 weeks, greatly reduces the volumes and obesity affects the improvement in quality of life obtained as a result of CDT. included in the study. Patients will be given placebo and real artcure in a 3 to 1 ratio (30 patients for real artcure, 10 patients for placebo application). Patients will be evaluated by the same physician 2 times before the application and at 3rd month after the application with Visual Analog Scale, Oswestry and Neck Disability Index and the volume of herniated nucleus pulposus of the patients.

RESULTS

The duration of the study was determined as 6 months. The findings will be reported 6 months after the initiation of the study.

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PRESENTATIONS, STUDIES



LISBOA, PORTUGAL | JULY 03 - 07, 2022

lifetime for health...

STUDIES TO BE PRESENTED AT ISPRM 16th WORLD CONGRESS

THE EFFECTS OF OBESITY ON COMPLEX DECONGESTIVE THERAPY OUTCOMES IN PATIENTS WITH BREAST CANCER RELATED LYMPHEDEMA Arteful venani, Innar Bornani, Furda Kozi, Roversi

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STUDIES TO BE PRESENTED AT ISPRM 16th WORLD CONGRESS

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Conclusion: The controlation from Role to Livery works

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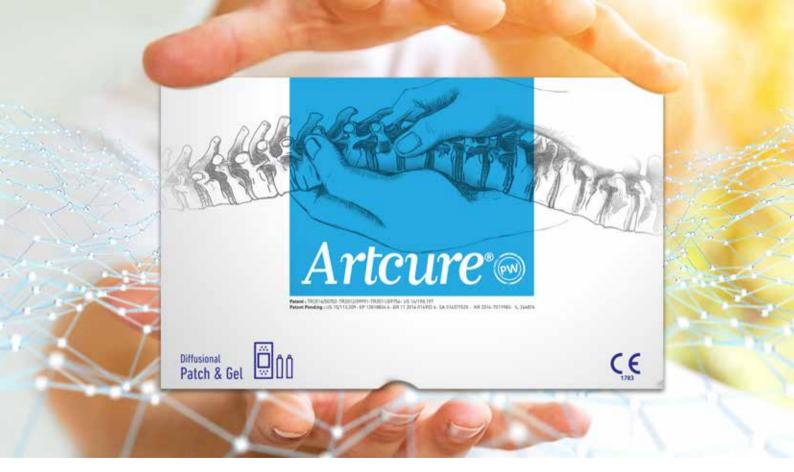
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Disc which contains a The system that provides the mechanical effect to the re-form edupid molecules inside the patch. Disc, burning no vascular system, is not a bloodfed tasses which fed by diffusion. Disc which contains a side like interior has a semi-correlation case weat. Permeability is measured at disc section that is tree barring no vancelar, offense, is not a bloodfed kanze which fed by diffusion. Disc which contains a introduce interior has a semi-permeable outer wall. Permeablity is more and do door section that is tore or deformed for termin and the allower that a formed limit we descent mode the outer bears of good jelly like interior has a semi-permeable outer wall. 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After migration of the reformed low-density lipid molecules to the Herris zone, the obtains pressue over the barra's due drop down and the density and is costly of the barra due to decreases in address with the automation times. The isonormalic limits in the barra due deduced of control presents over the hernia disc drops down and the density and visconity of the hernia disc trans-derestes in relative with the narrounding insues. The hippoomske liquid in the hernia disc deduces forwards the relativity hippromastic surrounding tissue. Accordingly, together with its weight hernia disc's presents over second times reduces. dan' s pressure over neural tions reduces. In combaron, with all these aspects, is enadernal diffusional patch is a nonirresouve method prior to the sense of enforcements. the partical intervention.





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